

# Prayer Journal



The Bible has a lot to say about prayer! Learn about prayer with A.J. & Milo this week at [www.myfaithadventures.com](http://www.myfaithadventures.com). Then use this Prayer Journal to help you pray this week!

Each day list some things that you can thank God for, some people that you can pray for, and write down some needs that you can ask God for. You can cut the pages in half and staple the left side to make your own booklet. Then get praying! Here are some ideas below:

## Thank you for...

The food I ate  
today

My sister

My favorite toy

## Please bless/help...

My family

My teachers at school

## Help with...

To stop being shy

To go on a trip this summer

# 1 Thessalonians 5:17 Never stop praying.



Thank you for...

Please bless/help...

Help with...

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So I tell you, when you pray for something, believe that you have already received it. Then it will be yours. Mark 11:24



Thank you for...

Please bless/help...

Help with...

## Give thanks no matter what. 1 Thessalonians 5:18

Thank you for...

Please bless...

Help me with...

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Your Father knows what you need even before you ask him.

Matthew 6:7



Thank you for...

Please bless/help...

Help with...

About midnight Paul and Silas were praying.  
They were also singing hymns to God. Acts 16:25



Thank you for...

Please bless/help...

Help with...

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This is the confidence we have in approaching God: that if  
we ask anything according to his will, he hears us. 1 John 5:14



Thank you for...

Please bless/help...

Help with...

**I will praise the Lord with all my life. I will sing praises to God as long as I live. Psalm 146:2**



Thank you for...

Please bless/help...

Help with...

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**Always give thanks to God the Father for everything. Give thanks to him in the name of our Lord Jesus Christ. Ephesians 5:20**



Thank you for...

Please bless/help...

Help with...

First, I want you to pray for all people. Ask God to help and bless them. 1 Timothy 2:1



Thank you for...

Please bless/help...

Help with...

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Don't worry about anything. No matter what happens tell God about everything. Ask and pray, and give thanks to him. Philippians 4:6



Thank you for...

Please bless/help...

Help with...

If we confess our sins, he will forgive our sins. He will forgive every wrong thing we have done. He will make us pure. 1 John 1:9



Thank you for...

Please bless/help...

Help with...

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He says, "Be still and know that I am God." Psalm 46:10



Thank you for...

Please bless/help...

Help with...